

# National CC Relays 22nd October 2011 -Young Female Results

|                            | Stage 1                    |       | Stage 2                    |       | Stage 3                     |       |
|----------------------------|----------------------------|-------|----------------------------|-------|-----------------------------|-------|
| 1 Kilbarchan AAC "A"       | Laura Stark (U13)          | 1     | Gwen Gillham (U15)         | 1     | Sarah Dempsey (U15)         | 1     |
|                            | 10:28                      | 10:28 | 21:20                      | 10:52 | 32:04                       | 10:44 |
| 2 Edinburgh AC "B"         | Hilary Lewin (U13)         | 8     | Phoebe Crosthwaite (U15)   | 4     | Rachael Dunn (U17)          | 2     |
|                            | 11:19                      | 11:19 | 22:08                      | 10:49 | 32:57                       | 10:49 |
| 3 Giffnock North "A"       | Danielle Kelly (U13)       | 5     | Holly Still (U13)          | 7     | Chloe Cowan (U15)           | 3     |
|                            | 11:10                      | 11:10 | 22:33                      | 11:23 | 33:15                       | 10:42 |
| 4 V P Glasgow "A"          | Holly Little (U13)         | 3     | Gillian Black (U15)        | 2     | Danielle Beattie (U17)      | 4     |
|                            | 10:56                      | 10:56 | 21:31                      | 10:35 | 33:19                       | 11:48 |
| 5 Ron Hill Cambus "A"      | Niamh Brown (U13)          | 6     | Hannah Robertson (U15)     | 10    | Eve MacKinnon (U15)         | 5     |
|                            | 11:13                      | 11:13 | 22:50                      | 11:37 | 33:37                       | 10:47 |
| 6 Pitreavie AAC "A"        | Leah Davie (U13)           | 2     | Katey Turner (U15)         | 3     | Yasmine Ben El Hassan (U15) | 6     |
|                            | 10:38                      | 10:38 | 21:41                      | 11:03 | 33:50                       | 12:09 |
| 7 Central AC "A"           | Eilidh Russell (U13)       | 15    | Eilidh MacCorquodale (U15) | 6     | Emily Greenan (U17)         | 7     |
|                            | 11:33                      | 11:33 | 22:30                      | 10:57 | 33:57                       | 11:27 |
| 8 Kilbarchan AAC "B"       | Rebecca Louise Craig (U13) | 7     | Iona Miller (U13)          | 8     | Emma Kelly (U15)            | 8     |
|                            | 11:17                      | 11:17 | 22:34                      | 11:17 | 34:13                       | 11:39 |
| 9 Edinburgh AC "C"         | Julia Laughland (U13)      | 27    | Hannah Cameron (U15)       | 15    | Oonagh Dunnett (U17)        | 9     |
|                            | 12:07                      | 12:07 | 23:39                      | 11:32 | 34:19                       | 10:40 |
| 10 Edinburgh AC "A"        | Esme Stewart (U13)         | 37    | Alexandra Hunter (U15)     | 18    | Emma Dunnett (U17)          | 10    |
|                            | 12:50                      | 12:50 | 23:52                      | 11:02 | 34:22                       | 10:30 |
| 11 V P Glasgow "B"         | Robyn Connolly (U13)       | 4     | Melanie Chiswell (U15)     | 9     | Maria Milliken (U17)        | 11    |
|                            | 11:02                      | 11:02 | 22:47                      | 11:45 | 34:35                       | 11:48 |
| 12 Dundee Hawkhill "A"     | Maddie Owen (U13)          | 10    | Eilidh L Reynolds (U15)    | 16    | Katie Anderson (U15)        | 12    |
|                            | 11:29                      | 11:29 | 23:41                      | 12:12 | 34:38                       | 10:57 |
| 13 Ayr Seaforth "A"        | Natasha Martin (U13)       | 31    | Lisa Rennie (U15)          | 21    | Kirstin Oakley (U15)        | 13    |
|                            | 12:22                      | 12:22 | 24:09                      | 11:47 | 34:42                       | 10:33 |
| 14 Law & District "A"      | Reagan Binnie (U13)        | 12    | Pamela McNicol (U15)       | 12    | Alice McGrath (U17)         | 14    |
|                            | 11:29                      | 11:29 | 23:23                      | 11:54 | 35:01                       | 11:38 |
| 15 Fife AC "A"             | Katy Aitken (U13)          | 13    | Rosabel K Kilgour (U15)    | 13    | Stephanie Pennycook (U17)   | 15    |
|                            | 11:33                      | 11:33 | 23:33                      | 12:00 | 35:13                       | 11:40 |
| 16 Edinburgh AC "D"        | Carolyn Cameron (U13)      | 23    | Rosie Wilson (U15)         | 20    | Rosanna Stewart (U17)       | 16    |
|                            | 11:51                      | 11:51 | 24:04                      | 12:13 | 35:13                       | 11:09 |
| 17 Edinburgh AC "E"        | Franca Still (U13)         | 14    | Emily Strathdee (U15)      | 14    | Katie Watson (U17)          | 17    |
|                            | 11:33                      | 11:33 | 23:38                      | 12:05 | 35:44                       | 12:06 |
| 18 Lasswade AAC "A"        | Lauren Dickson (U13)       | 18    | Sophie Miller (U15)        | 22    | Amy Smith (U17)             | 18    |
|                            | 11:45                      | 11:45 | 24:16                      | 12:31 | 36:14                       | 11:58 |
| 19 Aberdeen AAC "A"        | Grace Carter (U13)         | 54    | Lucy McLeod (U15)          | 33    | Eilidh Prise (U17)          | 19    |
|                            | 13:34                      | 13:34 | 25:37                      | 12:03 | 36:30                       | 10:53 |
| 20 Kilbarchan AAC "C"      | Rona Tytler (U13)          | 20    | Kerry MacAngus (U13)       | 11    | Catherine McLean (U15)      | 20    |
|                            | 11:48                      | 11:48 | 23:13                      | 11:25 | 36:37                       | 13:24 |
| 21 V P Glasgow "C"         | Cari Kiddie (U13)          | 28    | Anya Morrison (U15)        | 23    | Eliza Chiswell (U15)        | 21    |
|                            | 12:07                      | 12:07 | 24:17                      | 12:10 | 36:44                       | 12:27 |
| 22 Greenock Glenpark "A"   | Lauren Mulaghton (U13)     | 19    | Shelby Morrison (U13)      | 17    | Louisa Davis (U15)          | 22    |
|                            | 11:46                      | 11:46 | 23:46                      | 12:00 | 37:07                       | 13:21 |
| 23 Helensburgh AAC "A"     | Mhairi Cromar (U13)        | 22    | Morag Paterson (U13)       | 26    | Megan Robertson (U15)       | 23    |
|                            | 11:51                      | 11:51 | 24:49                      | 12:58 | 37:11                       | 12:22 |
| 24 Central AC "B"          | Catriona Lang (U13)        | 16    | Shannon MacFarlane (U15)   | 19    | Amy McCabe (U17)            | 24    |
|                            | 11:33                      | 11:33 | 24:00                      | 12:27 | 37:13                       | 13:13 |
| 25 Law & District "B"      | Emily McNicol (U13)        | 25    | Aileen Campbell (U15)      | 32    | Sherelle Graham (U17)       | 25    |
|                            | 12:00                      | 12:00 | 25:23                      | 13:23 | 37:16                       | 11:53 |
| 26 Garscube H "A"          | Eilidh Smith (U13)         | 52    | Rachel Busby (U15)         | 30    | Catriona Booth (U15)        | 26    |
|                            | 13:29                      | 13:29 | 25:10                      | 11:41 | 37:18                       | 12:08 |
| 27 Giffnock North "B"      | Sarah Olivia Eunson (U13)  | 9     | Rebecca Conroy (U13)       | 24    | Selena Jackson (U17)        | 27    |
|                            | 11:28                      | 11:28 | 24:23                      | 12:55 | 37:24                       | 13:01 |
| 28 Nairn A AAC "A"         | Katie Scott (U13)          | 35    | Hannah Blackburn (U15)     | 27    | Rachael MacLennan (U17)     | 28    |
|                            | 12:39                      | 12:39 | 24:51                      | 12:12 | 37:31                       | 12:40 |
| 29 Giffnock North "C"      | Lori Agnew (U13)           | 34    | Megan A Amner (U15)        | 28    | Frances Lowrie (U17)        | 29    |
|                            | 12:36                      | 12:36 | 24:55                      | 12:19 | 37:43                       | 12:48 |
| 30 Ron Hill Cambus "B"     | Lauren Carey (U13)         | 17    | Rachel Black (U15)         | 31    | Sarah Millar (U17)          | 30    |
|                            | 11:44                      | 11:44 | 25:10                      | 13:26 | 37:49                       | 12:39 |
| 31 Clydesdale Harriers "A" | Iona Allan (U13)           | 39    | Emily Paxton (U15)         | 34    | Rosin McShea (U15)          | 31    |
|                            | 12:52                      | 12:52 | 25:38                      | 12:46 | 38:10                       | 12:32 |
| 32 Stewartry AC "A"        | Alice Bell (U13)           | 50    | Megan Heuchan (U15)        | 39    | Sarah Bell (U15)            | 32    |
|                            | 13:29                      | 13:29 | 26:16                      | 12:47 | 38:14                       | 11:58 |

# National CC Relays 22nd October 2011 -Young Female Results

|                           |                          |       |                        |       |                          |       |
|---------------------------|--------------------------|-------|------------------------|-------|--------------------------|-------|
| 33 Ayr Seaforth "B"       | Siobhan Rae (U13)        | 45    | Lara Carey (U13)       | 38    | Louisa Kelly (U15)       | 33    |
|                           | 13:01                    | 13:01 | 26:07                  | 13:06 | 38:23                    | 12:16 |
| 34 Inverclyde AC "A"      | Jill McGachy (U13)       | 55    | Jill Kelly (U15)       | 41    | Emma Mitchell (U15)      | 34    |
|                           | 13:40                    | 13:40 | 26:34                  | 12:54 | 38:35                    | 12:01 |
| 35 Kirkintilloch Oly "A"  | Perri McCluskey (U13)    | 51    | Jenny Lee (U15)        | 40    | Victoria Robertson (U15) | 35    |
|                           | 13:29                    | 13:29 | 26:19                  | 12:50 | 38:43                    | 12:24 |
| 36 Falkirk Victoria H "A" | Erin Pringle (U13)       | 26    | Kelly Bissett (U15)    | 29    | Claire Barr (U17)        | 36    |
|                           | 12:00                    | 12:00 | 25:05                  | 13:05 | 38:49                    | 13:44 |
| 37 Stewartry AC "B"       | Gemma Craig (U13)        | 40    | Manon Gillon (U13)     | 47    | Lauren Craig (U17)       | 37    |
|                           | 12:52                    | 12:52 | 27:12                  | 14:20 | 39:00                    | 11:48 |
| 38 Helensburgh AAC "B"    | Kara Bruce (U13)         | 46    | Melissa Robinson (U13) | 37    | Madeline Robinson (U17)  | 38    |
|                           | 13:11                    | 13:11 | 25:57                  | 12:46 | 39:32                    | 13:35 |
| 39 Giffnock North "D"     | Fern Conway (U13)        | 47    | Isabella Murray (U15)  | 43    | Paige McConville (U17)   | 39    |
|                           | 13:14                    | 13:14 | 26:41                  | 13:27 | 39:56                    | 13:15 |
| 40 Cumbernauld AAC "A"    | Louise Docherty (U13)    | 56    | Emma Balfour (U15)     | 50    | Cleona Ferguson (U17)    | 40    |
|                           | 13:49                    | 13:49 | 27:55                  | 14:06 | 40:02                    | 12:07 |
| 41 Kirkintilloch Oly "B"  | Anna Forbes (U13)        | 49    | Louise Campbell (U15)  | 36    | Suzanne Quigley (U15)    | 41    |
|                           | 13:25                    | 13:25 | 25:50                  | 12:25 | 41:24                    | 15:34 |
| 42 Kilbarchan AAC "D"     | Heather Fawcett (U13)    | 29    | Chloe Baillie (U15)    | 51    | Cara Pedley (U15)        | 42    |
|                           | 12:07                    | 12:07 | 28:05                  | 15:58 | 41:27                    | 13:22 |
| 43 Dundee Hawkhill "B"    | Shaney McCabe (U13)      | 44    | Molly Hughes (U13)     | 45    | Katie Patullo (U15)      | 43    |
|                           | 13:01                    | 13:01 | 27:01                  | 14:00 | 41:37                    | 14:36 |
| 44 Garscube H "B"         | Kirsty Donaldson (U13)   | 60    | Eleanor Smith (U15)    | 56    | Frances Brown (U17)      | 44    |
|                           | 14:14                    | 14:14 | 30:15                  | 16:01 | 42:25                    | 12:10 |
| 45 Aberdeen AAC "B"       | Kate MacKay (U13)        | 62    | Grace Angus (U15)      | 53    | Eve Smith (U15)          | 45    |
|                           | 14:51                    | 14:51 | 28:16                  | 13:25 | 42:38                    | 14:22 |
| 46 Nairn A AAC "B"        | Kloe Gibson (U13)        | 61    | Fiona J Cameron (U15)  | 48    | Shannon Sutherland (U17) | 46    |
|                           | 14:16                    | 14:16 | 27:26                  | 13:10 | 43:10                    | 15:44 |
| Corstorphine AAC "A"      | Caitlin Arnott (U13)     | 11    | Jo Stapleton (U15)     | 5     |                          |       |
|                           | 11:29                    | 11:29 | 22:29                  | 11:00 |                          |       |
| Ron Hill Cambus "C"       | Olivia Mullholland (U13) | 30    | Danielle Webster (U15) | 25    |                          |       |
|                           | 12:20                    | 12:20 | 24:41                  | 12:21 |                          |       |
| V P Glasgow "D"           | Cara Thom (U13)          | 42    | Iona Robinson (U15)    | 35    |                          |       |
|                           | 12:56                    | 12:56 | 25:44                  | 12:48 |                          |       |
| Pitreavie AAC "B"         | Sophie Nethery (U13)     | 41    | Amy McAlpine (U15)     | 42    |                          |       |
|                           | 12:56                    | 12:56 | 26:40                  | 13:44 |                          |       |
| Falkirk Victoria H "B"    | Nicole McIntyre (U13)    | 33    | Lauren Dunnachie (U15) | 44    |                          |       |
|                           | 12:29                    | 12:29 | 26:58                  | 14:29 |                          |       |
| Clydesdale Harriers "B"   | Charlotte Ross (U13)     | 53    | Erin Ball (U15)        | 46    |                          |       |
|                           | 13:34                    | 13:34 | 27:12                  | 13:38 |                          |       |
| Corstorphine AAC "B"      | Robyn Coates (U13)       | 38    | Eilidh Thores (U13)    | 49    |                          |       |
|                           | 12:52                    | 12:52 | 27:33                  | 14:41 |                          |       |
| Kilbarchan AAC "E"        | Maisie Huey (U13)        | 48    | Emma Arnold (U15)      | 52    |                          |       |
|                           | 13:23                    | 13:23 | 28:08                  | 14:45 |                          |       |
| East Kilbride AAC "A"     | Rachael McCusker (U13)   | 58    | Sarah McCusker (U13)   | 54    |                          |       |
|                           | 13:59                    | 13:59 | 28:35                  | 14:36 |                          |       |
| Teviotdale Harriers "A"   | Emma Grieve (U13)        | 63    | Ishbel Inglis (U13)    | 55    |                          |       |
|                           | 14:58                    | 14:58 | 28:44                  | 13:46 |                          |       |
| Clydesdale Harriers "C"   | Aimee Abbott (U13)       | 64    | Rachel Campbell (U13)  | 57    |                          |       |
|                           | 15:03                    | 15:03 | 30:37                  | 15:34 |                          |       |
| Greenock Glenpark "C"     | Nichola Doohan (U13)     | 21    |                        |       |                          |       |
|                           | 11:49                    | 11:49 |                        |       |                          |       |
| Central AC "C"            | Evie Gallagher (U13)     | 24    |                        |       |                          |       |
|                           | 11:53                    | 11:53 |                        |       |                          |       |
| Greenock Glenpark "B"     | Lucy Compston (U15)      | 32    |                        |       |                          |       |
|                           | 12:27                    | 12:27 |                        |       |                          |       |
| Dundee Hawkhill "C"       | Danielle MacDermid (U13) | 36    |                        |       |                          |       |
|                           | 12:48                    | 12:48 |                        |       |                          |       |
| Shettleston Harriers "B"  | Ruth Ferguson (U13)      | 43    |                        |       |                          |       |
|                           | 12:59                    | 12:59 |                        |       |                          |       |
| Shettleston Harriers "C"  | Claire Mason (U13)       | 57    |                        |       |                          |       |
|                           | 13:51                    | 13:51 |                        |       |                          |       |
| Kirkintilloch Oly "C"     | Laura Keay (U13)         | 59    |                        |       |                          |       |
|                           | 14:04                    | 14:04 |                        |       |                          |       |
| Greenock Glenpark "D"     | Rachel McFarlane (U13)   | 65    |                        |       |                          |       |
|                           | 15:47                    | 15:47 |                        |       |                          |       |

# National CC Relays 22nd October 2011 - Young Male Results

|                             |                          |       |                         |       |                         |       |
|-----------------------------|--------------------------|-------|-------------------------|-------|-------------------------|-------|
| 1 Inverclyde AC "A"         | Ryan Gray (U13)          | 1     | Jonathan Glen (U15)     | 1     | Greg Williams (U17)     | 1     |
|                             | 9:44                     | 9:44  | 18:57                   | 9:13  | 28:23                   | 9:26  |
| 2 Kilbarchan AAC "A"        | Conor Thomson (U13)      | 20    | Euan Gillham (U15)      | 3     | Callum Matthews (U17)   | 2     |
|                             | 10:51                    | 10:51 | 19:43                   | 8:52  | 28:46                   | 9:03  |
| 3 V P Glasgow "A"           | Jamie MacKinnon (U13)    | 3     | Fraser Glass (U15)      | 5     | Lewis Boyle (U17)       | 3     |
|                             | 9:58                     | 9:58  | 19:58                   | 10:00 | 28:51                   | 8:53  |
| 4 Pitreavie AAC "A"         | Connor Morris (U13)      | 4     | Aidan Thompson (U15)    | 2     | Ben Potrykus (U17)      | 4     |
|                             | 10:09                    | 10:09 | 19:37                   | 9:28  | 29:10                   | 9:33  |
| 5 Giffnock North "A"        | Michael Lowrie (U13)     | 5     | Max Lancaster (U15)     | 4     | Neil Gourley (U17)      | 5     |
|                             | 10:10                    | 10:10 | 19:57                   | 9:47  | 29:15                   | 9:18  |
| 6 Dundee Hawkhill "A"       | Andrew Merry (U13)       | 15    | Euan Rose (U15)         | 9     | Jamie Crowe (U17)       | 6     |
|                             | 10:39                    | 10:39 | 20:18                   | 9:39  | 29:17                   | 8:59  |
| 7 Ron Hill Cambus "A"       | Struan Paton (U13)       | 10    | Sean Reilly (U15)       | 10    | Ryan Thomson (U17)      | 7     |
|                             | 10:21                    | 10:21 | 20:27                   | 10:06 | 29:23                   | 8:56  |
| 8 Fife AC "A"               | Jamie Ingledew (U13)     | 8     | Logan Rees (U15)        | 6     | Bruce Millar (U17)      | 8     |
|                             | 10:13                    | 10:13 | 20:10                   | 9:57  | 29:52                   | 9:42  |
| 9 Central AC "A"            | Matthew Crawford (U13)   | 6     | Jack Kerr (U15)         | 12    | Conor Kerr (U17)        | 9     |
|                             | 10:12                    | 10:12 | 20:34                   | 10:22 | 29:56                   | 9:22  |
| 10 Edinburgh AC "A"         | Michael Swinton (U13)    | 26    | Josh Kerr (U15)         | 8     | Chris Ponton (U17)      | 10    |
|                             | 10:57                    | 10:57 | 20:14                   | 9:17  | 29:57                   | 9:43  |
| 11 Ron Hill Cambus "B"      | Tyrone Ryan (U13)        | 11    | Joe Brown (U15)         | 13    | Stuart Roe (U17)        | 11    |
|                             | 10:28                    | 10:28 | 20:35                   | 10:07 | 29:59                   | 9:24  |
| 12 V P Glasgow "B"          | Aidan Johnson (U13)      | 7     | Scott McKay (U15)       | 7     | Craig Young (U17)       | 12    |
|                             | 10:12                    | 10:12 | 20:11                   | 9:59  | 30:08                   | 9:57  |
| 13 Edinburgh AC "B"         | Joseph Arthur (U13)      | 23    | Cameron Gilmour (U15)   | 14    | Robert Bough (U15)      | 13    |
|                             | 10:55                    | 10:55 | 20:47                   | 9:52  | 30:10                   | 9:23  |
| 14 Law & District "A"       | Gregor Gillespie (U13)   | 16    | Christopher Boyle (U15) | 18    | Andrew Lawler (U17)     | 14    |
|                             | 10:41                    | 10:41 | 21:02                   | 10:21 | 30:20                   | 9:18  |
| 15 Fife AC "B"              | Tristan Rees (U13)       | 13    | Drew Davidson (U15)     | 11    | Euan Berry (U17)        | 15    |
|                             | 10:36                    | 10:36 | 20:31                   | 9:55  | 30:35                   | 10:04 |
| 16 Banchory Stone "A"       | Charlie Beeson (U13)     | 30    | Ewan Mcmillan (U15)     | 20    | Michael Ferguson (U17)  | 16    |
|                             | 11:04                    | 11:04 | 21:09                   | 10:05 | 30:40                   | 9:31  |
| 17 Inverclyde AC "B"        | Matthew MacKinnon (U13)  | 34    | Joshua Houston (U15)    | 21    | Michael Houston (U17)   | 17    |
|                             | 11:15                    | 11:15 | 21:12                   | 9:57  | 30:52                   | 9:40  |
| 18 V P Glasgow "C"          | Lewis Serpell (U13)      | 19    | Craig Jardine (U15)     | 19    | Liam Johnson (U17)      | 18    |
|                             | 10:47                    | 10:47 | 21:04                   | 10:17 | 30:53                   | 9:49  |
| 19 Ayr Seaforth "A"         | Lewis Ross (U13)         | 22    | Andrew Black (U15)      | 17    | Euan Webster (U17)      | 19    |
|                             | 10:55                    | 10:55 | 21:01                   | 10:06 | 31:12                   | 10:11 |
| 20 Greenock Glenpark "A"    | Evan Warwick (U13)       | 12    | Ross Forbes (U15)       | 23    | Gerard Smith (U17)      | 20    |
|                             | 10:35                    | 10:35 | 21:23                   | 10:48 | 31:15                   | 9:52  |
| 21 Kilbarchan AAC "B"       | Matthew McLaughlin (U13) | 51    | Scott McLardie (U15)    | 33    | Russell Mountford (U17) | 21    |
|                             | 12:02                    | 12:02 | 22:03                   | 10:01 | 31:16                   | 9:13  |
| 22 Lasswade AAC "A"         | Matthew Smith (U13)      | 24    | Jamie Cousin (U15)      | 16    | Ross Henderson (U17)    | 22    |
|                             | 10:55                    | 10:55 | 20:57                   | 10:02 | 31:19                   | 10:22 |
| 23 Shettleston Harriers "A" | Lewis Collins (U13)      | 49    | Ryan Flanagan (U15)     | 26    | Callum Drummond (U17)   | 23    |
|                             | 11:54                    | 11:54 | 21:41                   | 9:47  | 31:29                   | 9:48  |
| 24 V P Glasgow "D"          | Ewan Rae (U13)           | 14    | Calum McCormack (U15)   | 24    | Liam McKeown (U15)      | 24    |
|                             | 10:38                    | 10:38 | 21:31                   | 10:53 | 31:33                   | 10:02 |
| 25 Ron Hill Cambus "C"      | Callum Morton (U13)      | 42    | David Robertson (U15)   | 25    | Dean McMurrin (U17)     | 25    |
|                             | 11:30                    | 11:30 | 21:33                   | 10:03 | 31:34                   | 10:01 |
| 26 Giffnock North "B"       | Keir Carolan (U13)       | 33    | Euan Anderson (U15)     | 29    | Andrew Clark (U17)      | 26    |
|                             | 11:15                    | 11:15 | 21:56                   | 10:41 | 31:36                   | 9:40  |
| 27 Perth Strathtay "A"      | Ben Greenwood (U13)      | 28    | Kierr Miller (U15)      | 22    | Patrick Gillespie (U17) | 27    |
|                             | 10:59                    | 10:59 | 21:18                   | 10:19 | 32:02                   | 10:44 |
| 28 Ron Hill Cambus "D"      | Grant MacGregor (U13)    | 37    | Keith McIntyre (U15)    | 27    | Jack MacGregor (U15)    | 28    |
|                             | 11:17                    | 11:17 | 21:46                   | 10:29 | 32:08                   | 10:22 |
| 29 Pitreavie AAC "B"        | Robbie McLaren (U13)     | 18    | Gregor Beatson (U15)    | 40    | Scott McAlpine (U17)    | 29    |
|                             | 10:42                    | 10:42 | 22:30                   | 11:48 | 32:16                   | 9:46  |

# National CC Relays 22nd October 2011 - Young Male Results

|                             |                         |       |                           |       |                               |       |
|-----------------------------|-------------------------|-------|---------------------------|-------|-------------------------------|-------|
| 30 Giffnock North "C"       | Joseph Lowrie (U13)     | 48    | David Currie (U15)        | 39    | Josh Hyde (U17)               | 30    |
|                             | 11:50                   | 11:50 | 22:30                     | 10:40 | 32:19                         | 9:49  |
| 31 Central AC "B"           | Anthony Quinn (U13)     | 31    | Jamie Paterson (U15)      | 28    | Sam Fraser (U17)              | 31    |
|                             | 11:04                   | 11:04 | 21:54                     | 10:50 | 32:22                         | 10:28 |
| 32 Kirkintilloch Oly "A"    | Aidan McCaffrey (U13)   | 45    | Jack McCabe (U15)         | 43    | Callum Heirs (U17)            | 32    |
|                             | 11:34                   | 11:34 | 22:41                     | 11:07 | 32:27                         | 9:46  |
| 33 Kirkintilloch Oly "B"    | Scott Connal (U13)      | 43    | Aidan Kane (U15)          | 44    | Gavin Alexander (U17)         | 33    |
|                             | 11:32                   | 11:32 | 22:48                     | 11:16 | 32:28                         | 9:40  |
| 34 Ayr Seaforth "B"         | Ewan James McLevy (U13) | 35    | Fraser Stirling (U13)     | 35    | Ben Steven (U17)              | 34    |
|                             | 11:15                   | 11:15 | 22:10                     | 10:55 | 32:29                         | 10:19 |
| 35 Falkirk Victoria H "A"   | Scott Wilson (U13)      | 46    | Baillie McRoberts (U15)   | 38    | Aidan Hilton (U17)            | 35    |
|                             | 11:39                   | 11:39 | 22:29                     | 10:50 | 32:29                         | 10:00 |
| 36 Kilbarchan AAC "C"       | James McTaggart (U13)   | 60    | Euan Trout (U15)          | 37    | Cameron Swanson (U17)         | 36    |
|                             | 12:25                   | 12:25 | 22:18                     | 9:53  | 32:29                         | 10:11 |
| 37 Kilbarchan AAC "D"       | Bradley Rae (U13)       | 55    | Charlie Wighton (U15)     | 41    | Tom Murray (U15)              | 37    |
|                             | 12:15                   | 12:15 | 22:33                     | 10:18 | 32:38                         | 10:05 |
| 38 Fife AC "C"              | Adam Scott (U13)        | 9     | Fergus Ingledew (U15)     | 15    | Ewan Paton (U17)              | 38    |
|                             | 10:15                   | 10:15 | 20:55                     | 10:40 | 32:43                         | 11:48 |
| 39 Inverclyde AC "C"        | Craig Bellew (U13)      | 56    | Ross Gray (U15)           | 36    | Robert Todd (U17)             | 39    |
|                             | 12:17                   | 12:17 | 22:16                     | 9:59  | 32:45                         | 10:29 |
| 40 Aberdeen AAC "A"         | Ben Renton (U13)        | 27    | Matthew Kilner (U15)      | 42    | Steven Murray (U15)           | 40    |
|                             | 10:59                   | 10:59 | 22:37                     | 11:38 | 32:50                         | 10:13 |
| 41 V P Glasgow "E"          | Adam Brady (U13)        | 21    | Ritchie Austin (U15)      | 31    | Paul Harper (U15)             | 41    |
|                             | 10:53                   | 10:53 | 22:03                     | 11:10 | 33:04                         | 11:01 |
| 42 Fife AC "D"              | George Rees (U13)       | 25    | Oskar Fraser-Krauss (U15) | 32    | Cameron Thomson (U17)         | 42    |
|                             | 10:57                   | 10:57 | 22:03                     | 11:06 | 33:11                         | 11:08 |
| 43 East Kilbride AAC "A"    | Martin Lynas (U13)      | 40    | Luke Kirwan (U15)         | 34    | Jack Kirwan (U17)             | 43    |
|                             | 11:26                   | 11:26 | 22:10                     | 10:44 | 33:18                         | 11:08 |
| 44 Pitreavie AAC "C"        | Ryan Thompson (U13)     | 39    | Corey Smith (U15)         | 50    | Benjamin Kurzman (U17)        | 44    |
|                             | 11:24                   | 11:24 | 23:18                     | 11:54 | 33:25                         | 10:07 |
| 45 Stewartry AC "A"         | Farrel O'Sullivan (U13) | 17    | Alexander Craig (U15)     | 30    | Alastair Clements-Paton (U17) | 45    |
|                             | 10:42                   | 10:42 | 21:57                     | 11:15 | 33:43                         | 11:46 |
| 46 Giffnock North "D"       | Steven Johnston (U13)   | 52    | John McLaughlin (U15)     | 47    | Ross Gray (U15)               | 46    |
|                             | 12:08                   | 12:08 | 22:53                     | 10:45 | 34:05                         | 11:12 |
| 47 Central AC "D"           | Niels Gouw (U13)        | 54    | Kieran Potter (U15)       | 51    | Lewis Hetman (U17)            | 47    |
|                             | 12:13                   | 12:13 | 23:21                     | 11:08 | 34:18                         | 10:57 |
| 48 Perth Strathtay "B"      | Finlay Lennie (U13)     | 57    | Michael Gillespie (U15)   | 46    | Andrew Forsyth (U17)          | 48    |
|                             | 12:17                   | 12:17 | 22:49                     | 10:32 | 34:18                         | 11:29 |
| 49 Corstorphine AAC "A"     | Anthony Addison (U13)   | 2     | Matthew Young (U15)       | 49    | Michael Addison (U17)         | 49    |
|                             | 9:56                    | 9:56  | 23:15                     | 13:19 | 34:18                         | 11:03 |
| 50 Dundee Hawkhill "B"      | Callum Letham (U13)     | 65    | Alistair Merry (U15)      | 64    | Rory Muir (U17)               | 50    |
|                             | 12:58                   | 12:58 | 24:47                     | 11:49 | 34:29                         | 9:42  |
| 51 Lasswade AAC "B"         | Thomas Snodgrass (U13)  | 32    | Callum Graham (U15)       | 48    | Callum Clark (U17)            | 51    |
|                             | 11:07                   | 11:07 | 23:10                     | 12:03 | 34:33                         | 11:23 |
| 52 Central AC "C"           | Scott Fleming (U13)     | 53    | Iain Davies (U15)         | 45    | Stuart McKinney (U15)         | 52    |
|                             | 12:11                   | 12:11 | 22:49                     | 10:38 | 34:33                         | 11:44 |
| 53 Helensburgh AAC "A"      | Lewis Campbell (U13)    | 38    | Calum Dye (U13)           | 55    | Calum Wilson (U17)            | 53    |
|                             | 11:22                   | 11:22 | 23:39                     | 12:17 | 34:43                         | 11:04 |
| 54 East Kilbride AAC "B"    | Aidan Brown (U13)       | 44    | Ross Malloch (U13)        | 58    | Aidan Gilbride (U15)          | 54    |
|                             | 11:32                   | 11:32 | 23:49                     | 12:17 | 34:46                         | 10:57 |
| 55 Shettleston Harriers "B" | Niall Turner (U13)      | 64    | Euan Penrice (U15)        | 52    | Dean Stevenson (U17)          | 55    |
|                             | 12:53                   | 12:53 | 23:32                     | 10:39 | 34:49                         | 11:17 |
| 56 Nairn A AAC "A"          | Hamish Baker (U13)      | 50    | Keiran Gibson (U15)       | 60    | Jack Rawlinson (U17)          | 56    |
|                             | 11:59                   | 11:59 | 24:14                     | 12:15 | 35:16                         | 11:02 |
| 57 Kirkintilloch Oly "C"    | Grant Michie (U13)      | 63    | Callum Dewar (U15)        | 62    | Kieran Pugh (U17)             | 57    |
|                             | 12:51                   | 12:51 | 24:40                     | 11:49 | 35:23                         | 10:43 |
| 58 Law & District "B"       | Matthew Lawler (U13)    | 61    | Robert McGrath (U15)      | 57    | Steven Bryce (U17)            | 58    |
|                             | 12:32                   | 12:32 | 23:46                     | 11:14 | 35:23                         | 11:37 |
| 59 Central AC "E"           | James Price (U13)       | 72    | Aidan Cameron (U15)       | 59    | Malcolm English (U15)         | 59    |
|                             | 13:29                   | 13:29 | 23:56                     | 10:27 | 35:41                         | 11:45 |

# National CC Relays 22nd October 2011 - Young Male Results

|                            |                       |       |                          |       |                       |       |
|----------------------------|-----------------------|-------|--------------------------|-------|-----------------------|-------|
| 60 Teviotdale Harriers "A" | David Mercer (U13)    | 66    | James Mercer (U15)       | 63    | Keith Learmonth (U17) | 60    |
|                            | 13:00                 | 13:00 | 24:41                    | 11:41 | 35:58                 | 11:17 |
| 61 Clydesdale Harriers "A" | Stephen Kane (U13)    | 68    | David Campbell (U15)     | 61    | Conner McDade (U15)   | 61    |
|                            | 13:10                 | 13:10 | 24:24                    | 11:14 | 36:10                 | 11:46 |
| 62 Fife AC "E"             | Aaron Savage (U13)    | 47    | Callum Sleigh (U13)      | 68    | Liam Sleigh (U17)     | 62    |
|                            | 11:50                 | 11:50 | 25:41                    | 13:51 | 36:38                 | 10:57 |
| 63 Cumbernauld AAC "A"     | Hamish Coutts (U13)   | 67    | Cameron Richardson (U17) | 66    | Martin Desta (U15)    | 63    |
|                            | 13:06                 | 13:06 | 25:22                    | 12:16 | 37:00                 | 11:38 |
| 64 Dundee Hawkhill "C"     | Jack Anderson (U13)   | 69    | Connor Bertie (U15)      | 71    | Charlie Swan (U15)    | 64    |
|                            | 13:12                 | 13:12 | 26:26                    | 13:14 | 38:26                 | 12:00 |
| 65 Ron Hill Cambus "E"     | Jordon Munro (U13)    | 70    | Brendan Carey (U15)      | 70    | Colin McIntyre (U17)  | 65    |
|                            | 13:16                 | 13:16 | 26:21                    | 13:05 | 38:57                 | 12:36 |
| Aberdeen AAC "B"           | Finlay Strachan (U13) | 29    | Harry Kilner (U13)       | 53    |                       |       |
|                            | 11:01                 | 11:01 | 23:37                    | 12:36 |                       |       |
| Garscube H "A"             | Calum Esler (U13)     | 62    | Adam Duff (U15)          | 54    |                       |       |
|                            | 12:44                 | 12:44 | 23:39                    | 10:55 |                       |       |
| Giffnock North "E"         | Nicholas Boyle (U13)  | 58    | Chris Hyde (U15)         | 56    |                       |       |
|                            | 12:21                 | 12:21 | 23:44                    | 11:23 |                       |       |
| Inverclyde AC "D"          | Sammy Hearl (U13)     | 59    | Isaac Dunning (U15)      | 65    |                       |       |
|                            | 12:22                 | 12:22 | 25:22                    | 13:00 |                       |       |
| Falkirk Victoria H "B"     | Steven Stone (U13)    | 71    | Thomas Jaques (U13)      | 67    |                       |       |
|                            | 13:26                 | 13:26 | 25:33                    | 12:07 |                       |       |
| Corstorphine AAC "B"       | Callum Campbell (U13) | 74    | Matthew Murray (U15)     | 69    |                       |       |
|                            | 14:03                 | 14:03 | 25:45                    | 11:42 |                       |       |
| Kirkintilloch Oly "D"      | Harry Lamond (U13)    | 73    | Brandon Lennox (U13)     | 72    |                       |       |
|                            | 13:49                 | 13:49 | 28:50                    | 15:01 |                       |       |
| Edinburgh AC "C"           | Ross Allan (U13)      | 36    |                          |       |                       |       |
|                            | 11:17                 | 11:17 |                          |       |                       |       |
| V P Glasgow "F"            | Simon Fraser (U13)    | 41    |                          |       |                       |       |
|                            | 11:26                 | 11:26 |                          |       |                       |       |

# National CC Relays 22nd October 2011 - Senior Female Results

|                            | Stage 1              |       | Stage 2             |       | Stage 3               |       |
|----------------------------|----------------------|-------|---------------------|-------|-----------------------|-------|
| 1 Edinburgh AC "A"         | Sarah Hood           | 3     | Jennifer MacLean    | 1     | Emily Stewart (J)     | 1     |
|                            | 15:35                | 15:35 | 31:13               | 15:38 | 46:16                 | 15:03 |
| 2 Fife AC "A"              | Megan Crawford       | 10    | Helen Sharpe        | 4     | Hester Dix            | 2     |
|                            | 16:12                | 16:12 | 32:04               | 15:52 | 47:19                 | 15:15 |
| 3 Hunters Bog T "A"        | Rosie Smith          | 1     | Rose Nicholson      | 2     | Maxine Czarnecka      | 3     |
|                            | 15:19                | 15:19 | 31:24               | 16:05 | 47:34                 | 16:10 |
| 4 Lothian RC "A"           | Chloe Cox            | 14    | Edel Mooney         | 3     | Sarah Inglis          | 4     |
|                            | 16:27                | 16:27 | 32:02               | 15:35 | 47:55                 | 15:53 |
| 5 Kilbarchan AAC "A"       | Cara Sloss           | 23    | Natalie Sharp       | 13    | Elspeth Curran        | 5     |
|                            | 17:00                | 17:00 | 33:45               | 16:45 | 48:53                 | 15:08 |
| 6 Hunters Bog T "B"        | Tessa Hill           | 2     | Claire Ward         | 5     | Megan Mowbray         | 6     |
|                            | 15:33                | 15:33 | 32:10               | 16:37 | 48:58                 | 16:48 |
| 7 Central AC "A"           | Jennifer Emsley      | 8     | Alison Docherty     | 7     | Karen Montador        | 7     |
|                            | 16:04                | 16:04 | 32:36               | 16:32 | 49:13                 | 16:37 |
| 8 Edinburgh AC "B"         | Louisa Stewart (J)   | 5     | Victoria Lomax      | 9     | Lynsey Sharp          | 8     |
|                            | 15:40                | 15:40 | 33:10               | 17:30 | 49:44                 | 16:34 |
| 9 Garscube H "A"           | Katie White          | 9     | Kirsty Husband      | 6     | Laura Devine          | 9     |
|                            | 16:08                | 16:08 | 32:27               | 16:19 | 50:00                 | 17:33 |
| 10 Dundee Hawkhill "A"     | Laura Muir (J)       | 6     | Iona Brodie (J)     | 8     | Laura Brown           | 10    |
|                            | 15:44                | 15:44 | 33:04               | 17:20 | 50:14                 | 17:10 |
| 11 V P Glasgow "A"         | Louise Warren        | 25    | Claire McCracken    | 15    | Sarah Potter (J)      | 11    |
|                            | 17:06                | 17:06 | 34:12               | 17:06 | 50:19                 | 16:07 |
| 12 Fife AC "B"             | Halina Rees (J)      | 7     | Alison McGill       | 11    | Fiona Bracegirdle (J) | 12    |
|                            | 16:04                | 16:04 | 33:26               | 17:22 | 50:36                 | 17:10 |
| 13 Falkirk Victoria H "A"  | Fiona Matheson       | 4     | Claire Moffett      | 10    | Robyn Maxtone (J)     | 13    |
|                            | 15:37                | 15:37 | 33:22               | 17:45 | 51:31                 | 18:09 |
| 14 Aberdeen AAC "A"        | Ellie Buchan (J)     | 26    | Bezunesh Deggefa    | 20    | Gemma Cormack (J)     | 14    |
|                            | 17:19                | 17:19 | 34:52               | 17:33 | 51:47                 | 16:55 |
| 15 Springburn Harriers "A" | Danielle Brown       | 20    | Fiona Gentles       | 12    | Barbara Knox          | 15    |
|                            | 16:41                | 16:41 | 33:34               | 16:53 | 52:08                 | 18:34 |
| 16 Gala Harriers "A"       | Gillian Duncan       | 36    | Rachel Fagan        | 27    | Dianne Lauder         | 16    |
|                            | 18:05                | 18:05 | 36:12               | 18:07 | 52:10                 | 15:58 |
| 17 V P Glasgow "B"         | Rhian Dawes (J)      | 27    | Hollie Young (J)    | 14    | Deborah Hannah (J)    | 17    |
|                            | 17:21                | 17:21 | 34:08               | 16:47 | 52:28                 | 18:20 |
| 18 Edinburgh AC "C"        | Sarah Scott          | 28    | Joanne Thom         | 17    | Emma Laverie          | 18    |
|                            | 17:26                | 17:26 | 34:34               | 17:08 | 52:34                 | 18:00 |
| 19 Edinburgh Uni "A"       | Becky Hannah         | 19    | Rachel Armitage (J) | 19    | Stephanie Lawrie (J)  | 19    |
|                            | 16:39                | 16:39 | 34:37               | 17:58 | 52:45                 | 18:08 |
| 20 Kirkintilloch Oly "A"   | Alexandra Lamond (J) | 15    | Hannah Terrance (J) | 16    | Annmarie McCaffrey    | 20    |
|                            | 16:32                | 16:32 | 34:20               | 17:48 | 53:21                 | 19:01 |
| 21 Central AC "B"          | Lyndsay Morrison     | 12    | Lyndsey Aitken      | 28    | Karen Glover (J)      | 21    |
|                            | 16:15                | 16:15 | 36:32               | 20:17 | 53:28                 | 16:56 |
| 22 Kilbarchan AAC "B"      | Elaine Eadie (J)     | 29    | Hannah Waugh        | 23    | Elaine Muirhead       | 22    |
|                            | 17:30                | 17:30 | 35:24               | 17:54 | 53:36                 | 18:12 |
| 23 Fife AC "C"             | Jennifer Kibble      | 30    | Amie McKimmie       | 18    | Sophie Mullins        | 23    |
|                            | 17:32                | 17:32 | 34:36               | 17:04 | 53:40                 | 19:04 |
| 24 Edinburgh Uni "B"       | Heather Langham      | 35    | Jenny Dybeck (J)    | 24    | Sarah Sigsworth       | 24    |
|                            | 18:00                | 18:00 | 35:30               | 17:30 | 54:25                 | 18:55 |
| 25 Aberdeen AAC "B" (V)    | Laura Mahady         | 52    | Rhona Buchan        | 37    | Veronique Oldham      | 25    |
|                            | 19:20                | 19:20 | 37:28               | 18:08 | 54:29                 | 17:01 |
| 26 Helensburgh AAC "B"     | Julia Henderson      | 11    | Sarah Walker        | 26    | Jennifer Fitzgerald   | 26    |
|                            | 16:12                | 16:12 | 36:11               | 19:59 | 54:41                 | 18:30 |

# National CC Relays 22nd October 2011 - Senior Female Results

|                                |                        |       |                    |       |                    |       |
|--------------------------------|------------------------|-------|--------------------|-------|--------------------|-------|
| 27 Fife AC "D" (V)             | Hilary Ritchie         | 42    | Sarah Legge        | 29    | Janet McWhinnie    | 27    |
|                                | 18:36                  | 18:36 | 36:36              | 18:00 | 54:47              | 18:11 |
| 28 Law & District "A" (V)      | Hilary McGrath         | 16    | Sally Burns        | 31    | Shona Girdwood     | 28    |
|                                | 16:34                  | 16:34 | 36:43              | 20:09 | 54:54              | 18:11 |
| 29 Bellahouston RR "A"         | Ciara Baxter           | 38    | Julia Harris       | 34    | Pauline Wright     | 29    |
|                                | 18:11                  | 18:11 | 37:08              | 18:57 | 55:45              | 18:37 |
| 30 Corstorphine AAC "A"        | Ruth Gibson            | 37    | Jo Kirby           | 30    | Megan Smith        | 30    |
|                                | 18:08                  | 18:08 | 36:40              | 18:32 | 55:50              | 19:10 |
| 31 Kilmarnock H "A"            | Kara Tait              | 17    | Paula Wilson       | 21    | Kate Todd          | 31    |
|                                | 16:35                  | 16:35 | 35:12              | 18:37 | 55:56              | 20:44 |
| 32 Bellahouston H "A"          | Bernadette O'Neil      | 41    | Suzanne McMahon    | 35    | Kristina Greig     | 32    |
|                                | 18:34                  | 18:34 | 37:14              | 18:40 | 56:00              | 18:46 |
| 33 Hunters Bog T "C"           | Kate Jenkins           | 24    | Louise Provan      | 22    | Elizabeth Hugill   | 33    |
|                                | 17:04                  | 17:04 | 35:21              | 18:17 | 56:05              | 20:44 |
| 34 Shettleston Harriers "A"    | Lindsay MacNeill       | 18    | Carole Setchell    | 25    | Susan Breckenridge | 34    |
|                                | 16:37                  | 16:37 | 36:10              | 19:33 | 56:10              | 20:00 |
| 35 Calderglen H "A"            | Julie Beveridge        | 34    | Frances Maxwell    | 33    | Joanne McEvoy      | 35    |
|                                | 18:00                  | 18:00 | 37:05              | 19:05 | 56:13              | 19:08 |
| 36 Bellahouston RR "B"         | Emma Bryson            | 44    | Katie Padgham      | 39    | Elsie Downham      | 36    |
|                                | 18:49                  | 18:49 | 37:36              | 18:47 | 56:32              | 18:56 |
| 37 Falkirk Victoria H "B"      | Lorna Kennedy          | 39    | Hazel Murray (J)   | 41    | Lucy Mitchell (J)  | 37    |
|                                | 18:28                  | 18:28 | 38:09              | 19:41 | 56:39              | 18:30 |
| 38 Helensburgh AAC "A" (V)     | Michelle Hetherington  | 33    | Janet Fellowes     | 44    | Maria Dye          | 38    |
|                                | 17:59                  | 17:59 | 38:35              | 20:36 | 57:05              | 18:30 |
| 39 Metro Aberdeen "A"          | Ali Mathers            | 75    | Pamela Morris      | 53    | Sarah Styles       | 39    |
|                                | 20:59                  | 20:59 | 39:16              | 18:17 | 57:19              | 18:03 |
| 40 Edinburgh AC "D"            | Louise Helyer          | 56    | Isobel Joiner      | 38    | Hilary Kernaghan   | 40    |
|                                | 19:26                  | 19:26 | 37:30              | 18:04 | 57:25              | 19:55 |
| 41 Lothian RC "B"              | Jocelyn Moar           | 31    | Saran Jones        | 32    | Jill Horsburgh     | 41    |
|                                | 17:44                  | 17:44 | 37:03              | 19:19 | 57:33              | 20:30 |
| 42 Clydesdale Harriers "A" (V) | Yvonne Green           | 72    | Ann Murray         | 46    | Marina McCallum    | 42    |
|                                | 20:39                  | 20:39 | 38:38              | 17:59 | 57:35              | 18:57 |
| 43 Hunters Bog T "D"           | Kristy Chambers        | 51    | Isobel Knox        | 36    | Sandra Rathjen     | 43    |
|                                | 19:18                  | 19:18 | 37:22              | 18:04 | 57:40              | 20:18 |
| 44 Giffnock North "B"          | Doleen Galbraith       | 45    | Lauren Hollinshead | 42    | Maureen McVey      | 44    |
|                                | 18:49                  | 18:49 | 38:26              | 19:37 | 57:54              | 19:28 |
| 45 St Andrews Uni "A"          | Rylee Sommers-Flanagan | 61    | Lauren Squires     | 47    | Elizabeth Farrow   | 45    |
|                                | 19:41                  | 19:41 | 38:39              | 18:58 | 58:01              | 19:22 |
| 46 V P Glasgow "C"             | Jennifer Hannah (J)    | 43    | Amy MacLellan (J)  | 48    | Joanna Sutton      | 46    |
|                                | 18:44                  | 18:44 | 38:47              | 20:03 | 58:12              | 19:25 |
| 47 Motherwell AC "A"           | Clare Barr             | 58    | Jill E Logan       | 40    | Phyllis Hands      | 47    |
|                                | 19:30                  | 19:30 | 37:41              | 18:11 | 58:20              | 20:39 |
| 48 Garscube H "B" (V)          | Alison Winship         | 32    | Kathryn Scott      | 43    | Lesley Chapman     | 48    |
|                                | 17:58                  | 17:58 | 38:32              | 20:34 | 58:26              | 19:54 |
| 49 Giffnock North "A"          | Ruth Joss              | 13    | April Miller (J)   | 45    | Olivia Keenan (J)  | 49    |
|                                | 16:23                  | 16:23 | 38:35              | 22:12 | 58:35              | 20:00 |
| 50 Corstorphine AAC "B"        | Corrie Roberts         | 60    | Susan Johnston     | 49    | Fiona Drake        | 50    |
|                                | 19:37                  | 19:37 | 38:53              | 19:16 | 58:38              | 19:45 |
| 51 Edinburgh Uni "C"           | Emily Pollock (J)      | 55    | Ruth Barker        | 51    | Louise Jones       | 51    |
|                                | 19:24                  | 19:24 | 38:57              | 19:33 | 58:52              | 19:55 |
| 52 Portobello RC "A"           | Mary Hunter            | 65    | Jenni Owens        | 65    | Amanda Henderson   | 52    |
|                                | 20:03                  | 20:03 | 41:44              | 21:41 | 58:54              | 17:10 |
| 53 Greenock Glenpark "A"       | Suzanne Coyle          | 59    | Lynne Rogers       | 55    | Susan Clark        | 53    |
|                                | 19:32                  | 19:32 | 39:21              | 19:49 | 59:42              | 20:21 |

# National CC Relays 22nd October 2011 - Senior Female Results

|                              |                      |       |                     |       |                    |       |
|------------------------------|----------------------|-------|---------------------|-------|--------------------|-------|
| 54 Central AC "C" (V)        | Jane Waterhouse      | 47    | Elinor Coombs       | 50    | Sue Woods          | 54    |
|                              | 18:56                | 18:56 | 38:54               | 19:58 | 59:43              | 20:49 |
| 55 Carnegie H "A" (V)        | Kirsty Baird         | 62    | Mary Western        | 54    | Morna Fleming      | 55    |
|                              | 19:41                | 19:41 | 39:17               | 19:36 | 59:45              | 20:28 |
| 56 Bellahouston RR "C"       | Sarah Gillies        | 54    | Sandra Houldsworth  | 57    | Catherine McKelvie | 56    |
|                              | 19:21                | 19:21 | 40:06               | 20:45 | 1:00:03            | 19:57 |
| 57 Carnegie H "B"            | Jacqueline MacIntyre | 40    | Samantha Newington  | 52    | Melanie Sinclair   | 57    |
|                              | 18:31                | 18:31 | 39:13               | 20:42 | 1:00:17            | 21:04 |
| 58 Dundee Road R "A"         | Jennifer Massie      | 68    | Morag Taggart       | 56    | Deborah Dickinson  | 58    |
|                              | 20:26                | 20:26 | 39:32               | 19:06 | 1:00:53            | 21:21 |
| 59 Gala Harriers "B"         | Gina Allen           | 73    | Fiona Dalgleish     | 61    | Eileen Nicol       | 59    |
|                              | 20:45                | 20:45 | 40:29               | 19:44 | 1:00:58            | 20:29 |
| 60 Bellahouston H "B"        | Angela Campbell      | 71    | Jennifer Clark      | 60    | Katy Smith         | 60    |
|                              | 20:32                | 20:32 | 40:25               | 19:53 | 1:02:09            | 21:44 |
| 61 Law & District "B"        | Hailey McEwan        | 49    | Pamela O'Connor     | 64    | Alison Cameron     | 61    |
|                              | 19:08                | 19:08 | 41:17               | 22:09 | 1:02:13            | 20:56 |
| 62 Ferranti AAC "A" (V)      | Anne Peat            | 76    | Elizabeth Gilchrist | 69    | Claire Gilchrist   | 62    |
|                              | 21:05                | 21:05 | 42:45               | 21:40 | 1:02:24            | 19:39 |
| 63 St Andrews Uni "B"        | Rebecca Levitt       | 69    | Freya Von Bismark   | 59    | Rhiannon Dougall   | 63    |
|                              | 20:28                | 20:28 | 40:21               | 19:53 | 1:02:41            | 22:20 |
| 64 Wee County H "A" (V)      | Beryl Junnier        | 50    | Caroline Strain     | 62    | Lynn Irvine        | 64    |
|                              | 19:10                | 19:10 | 41:03               | 21:53 | 1:03:06            | 22:03 |
| 65 Falkirk Victoria H "C"    | Elaine Paterson      | 63    | Rhona Penman        | 66    | Christine Eadie    | 65    |
|                              | 19:46                | 19:46 | 42:17               | 22:31 | 1:04:57            | 22:40 |
| 66 Kirkintilloch Oly "B" (V) | Marie McChord        | 48    | Ada Stewart         | 58    | Allison Law        | 66    |
|                              | 19:00                | 19:00 | 40:15               | 21:15 | 1:06:02            | 25:47 |
| 67 Clydesdale Harriers "B"   | Christine Duncanson  | 78    | Marie Rippon        | 75    | Shirley Greig      | 67    |
|                              | 21:35                | 21:35 | 45:31               | 23:56 | 1:06:17            | 20:46 |
| 68 Westerlands CCC "A" (V)   | Helen MacPherson     | 86    | Christine Menhennet | 71    | Gillian Irvine     | 68    |
|                              | 22:45                | 22:45 | 43:55               | 21:10 | 1:06:52            | 22:57 |
| 69 Teviotdale Harriers "A"   | Pamela Paxton        | 46    | Donna Inglis        | 68    | Sylvia Grieve      | 69    |
|                              | 18:54                | 18:54 | 42:38               | 23:44 | 1:07:09            | 24:31 |
| 70 Springburn Harriers "B"   | Collette Coyle       | 79    | Catherine Connelly  | 73    | Pamela Michie      | 70    |
|                              | 21:48                | 21:48 | 44:55               | 23:07 | 1:07:31            | 22:36 |
| 71 Greenock Glenpark "B" (V) | Fiona Cushnaghan     | 82    | Heather Kangley     | 72    | Elizabeth McAuslan | 71    |
|                              | 22:12                | 22:12 | 44:31               | 22:19 | 1:07:36            | 23:05 |
| 72 Bellahouston RR "D"       | Carla Telfer         | 88    | Jane Wild           | 77    | Jane Galt          | 72    |
|                              | 24:38                | 24:38 | 45:51               | 21:13 | 1:10:43            | 24:52 |
| 73 Kirkintilloch Oly "C" (V) | Vivien Fraser        | 83    | Shirley MacNab      | 76    | Carolyn Michie     | 73    |
|                              | 22:14                | 22:14 | 45:39               | 23:25 | 1:11:05            | 25:26 |
| Fife AC "E" (V)              | Innes Bracegirdle    | 66    | Margaret McLaren    | 63    |                    |       |
|                              | 20:05                | 20:05 | 41:08               | 21:03 |                    |       |
| Dundee Hawkhill "B" (V)      | Catriona M Reynolds  | 67    | Lyn Hanlon          | 67    |                    |       |
|                              | 20:14                | 20:14 | 42:20               | 22:06 |                    |       |
| Greenock Glenpark "C"        | Carly Dalgleish (J)  | 74    | Yvonne Prager       | 70    |                    |       |
|                              | 20:52                | 20:52 | 43:49               | 22:57 |                    |       |
| Wee County H "B"             | Karen Thomson        | 84    | Lynn Irvine         | 74    |                    |       |
|                              | 22:20                | 22:20 | 45:15               | 22:55 |                    |       |
| Springburn Harriers "C"      | Rachel Wilson        | 80    | Lorraine Gray       | 78    |                    |       |
|                              | 22:05                | 22:05 | 49:41               | 27:36 |                    |       |
| Bellahouston H "C"           | Emily Gilleece       | 87    | Linda MacLean       | 79    |                    |       |
|                              | 24:17                | 24:17 | 51:37               | 27:20 |                    |       |
| Inverclyde AC "A"            | Emma Rice (J)        | 21    |                     |       |                    |       |
|                              | 16:46                | 16:46 |                     |       |                    |       |

## National CC Relays 22nd October 2011 - Senior Female Results

|                      |                          |       |
|----------------------|--------------------------|-------|
| Ayr Seaforth "A"     | Louise Hill-Stirling (J) | 22    |
|                      | 16:52                    | 16:52 |
| Garscube H "C"       | Diane Clark              | 53    |
|                      | 19:21                    | 19:21 |
| Calderglen H "B"     | Karen Sturgeon           | 57    |
|                      | 19:28                    | 19:28 |
| Corstorphine AAC "C" | Rachel Brockie           | 64    |
|                      | 19:48                    | 19:48 |
| Kilmarnock H "B"     | Elizabeth McDerment      | 70    |
|                      | 20:30                    | 20:30 |
| Helensburgh AAC "C"  | Mary Louise Rooney       | 77    |
|                      | 21:24                    | 21:24 |
| Edinburgh Uni "D"    | Mary Clark               | 81    |
|                      | 22:08                    | 22:08 |
| Carnegie H "C"       | Gillian McCracken        | 85    |
|                      | 22:29                    | 22:29 |

### Fastest Laps

|    |                                         |       |
|----|-----------------------------------------|-------|
| 1  | Emily Stewart (J) - Edinburgh AC "A"    | 15:03 |
| 2  | Elspeth Curran - Kilbarchan AAC "A"     | 15:08 |
| 3  | Hester Dix - Fife AC "A"                | 15:15 |
| 4  | Rosie Smith - Hunters Bog T "A"         | 15:19 |
| 5  | Tessa Hill - Hunters Bog T "B"          | 15:33 |
| 6  | Edel Mooney - Lothian RC "A"            | 15:35 |
| 7  | Sarah Hood - Edinburgh AC "A"           | 15:35 |
| 8  | Fiona Matheson - Falkirk Victoria H "A" | 15:37 |
| 9  | Jennifer MacLean - Edinburgh AC "A"     | 15:38 |
| 10 | Louisa Stewart (J) - Edinburgh AC "B"   | 15:40 |
| 11 | Laura Muir (J) - Dundee Hawkhill "A"    | 15:44 |
| 12 | Helen Sharpe - Fife AC "A"              | 15:52 |

# National CC Relays 22nd October 2011 - Senior Male Results

|                             | Stage 1             |       | Stage 2              |       | Stage 3                  |       | Stage 4                  |       |
|-----------------------------|---------------------|-------|----------------------|-------|--------------------------|-------|--------------------------|-------|
| 1 Inverclyde AC "A"         | Christopher MacKay  | 5     | Andrew Douglas       | 4     | Mark Pollard             | 2     | Craig Ruddy              | 1     |
|                             | 13:26               | 13:26 | 26:52                | 13:26 | 40:13                    | 13:21 | 53:08                    | 12:55 |
| 2 Shettleston Harriers "A"  | Michael Gillespie   | 2     | Thomas Fay           | 3     | Paul Sorrie              | 3     | Tewoldeberhan Mengisteab | 2     |
|                             | 13:03               | 13:03 | 26:49                | 13:46 | 40:16                    | 13:27 | 53:26                    | 13:10 |
| 3 Central AC "A"            | Andrew Butchart (J) | 7     | Alexander Hendry (J) | 2     | John Newsom              | 1     | Ross Houston             | 3     |
|                             | 13:39               | 13:39 | 26:42                | 13:03 | 40:01                    | 13:19 | 53:26                    | 13:25 |
| 4 Ron Hill Cambus "A"       | Stewart Orr (J)     | 6     | Jack Hamilton (J)    | 5     | Stuart Gibson            | 5     | Robert Gilroy            | 4     |
|                             | 13:28               | 13:28 | 27:05                | 13:37 | 40:33                    | 13:28 | 54:28                    | 13:55 |
| 5 V P Glasgow "A"           | David Vernon (J)    | 1     | Sean Fontana (J)     | 1     | Ethan Sloan-Dennison (J) | 4     | Derek Gibb               | 5     |
|                             | 13:03               | 13:03 | 26:33                | 13:30 | 40:21                    | 13:48 | 54:41                    | 14:20 |
| 6 Central AC "B"            | Michael Wright      | 9     | Scott Green (J)      | 8     | Alastair Hay             | 6     | Lewis Millar             | 6     |
|                             | 13:49               | 13:49 | 27:39                | 13:50 | 41:35                    | 13:56 | 55:30                    | 13:55 |
| 7 Ron Hill Cambus "B"       | Andrew Coulter (J)  | 11    | Iain MacCorquodale   | 10    | David Munro              | 8     | Jamie Reid               | 7     |
|                             | 14:03               | 14:03 | 27:56                | 13:53 | 42:06                    | 14:10 | 56:03                    | 13:57 |
| 8 Giffnock North "A"        | Luke Traynor (J)    | 8     | Greg Turner (J)      | 11    | Grant Muir (J)           | 9     | David Phee               | 8     |
|                             | 13:41               | 13:41 | 28:02                | 14:21 | 42:15                    | 14:13 | 56:16                    | 14:01 |
| 9 Corstorphine AAC "A"      | Dermot Cummins      | 4     | Kris Berry           | 7     | Andrew Christy (J)       | 7     | Tom Ferrington           | 9     |
|                             | 13:24               | 13:24 | 27:35                | 14:11 | 41:48                    | 14:13 | 56:20                    | 14:32 |
| 10 Aberdeen AAC "A"         | Mark Haskett        | 3     | Eoin Durkan          | 6     | Sam Burgess (J)          | 10    | Cameron Strachan (J)     | 10    |
|                             | 13:13               | 13:13 | 27:31                | 14:18 | 42:24                    | 14:53 | 57:12                    | 14:48 |
| 11 Central AC "C"           | Ross Milne (J)      | 28    | Cameron Milne (J)    | 17    | David Hutchison (J)      | 13    | Alasdair Anthony         | 11    |
|                             | 14:44               | 14:44 | 28:58                | 14:14 | 43:36                    | 14:38 | 57:40                    | 14:04 |
| 12 Corstorphine AAC "B"     | Calum McKenzie      | 14    | Adam Priestley       | 13    | Bryan Clark              | 12    | Christopher O'Brien      | 12    |
|                             | 14:15               | 14:15 | 28:23                | 14:08 | 43:14                    | 14:51 | 58:00                    | 14:46 |
| 13 Shettleston Harriers "B" | Andrew Dearie (J)   | 20    | Lachlan Oates (J)    | 9     | Casey Morgan             | 11    | Marc McColl              | 13    |
|                             | 14:29               | 14:29 | 27:53                | 13:24 | 42:50                    | 14:57 | 58:05                    | 15:15 |
| 14 Kilmarnock H "A"         | Iain Connell        | 22    | James Wales (J)      | 21    | Roger Naughton           | 16    | Cameron Wilson           | 14    |
|                             | 14:31               | 14:31 | 29:18                | 14:47 | 43:52                    | 14:34 | 58:24                    | 14:32 |
| 15 Giffnock North "B"       | Jamie MacGregor (J) | 27    | Jack Walker (J)      | 19    | Max Lott (J)             | 18    | Miles Hollinshead (J)    | 15    |
|                             | 14:44               | 14:44 | 29:15                | 14:31 | 44:06                    | 14:51 | 58:48                    | 14:42 |
| 16 Greenock Glenpark "A"    | Stephen Trainer     | 16    | Michael McLoone Snr  | 24    | Andrew McCall            | 21    | David Henderson          | 16    |
|                             | 14:22               | 14:22 | 29:26                | 15:04 | 44:24                    | 14:58 | 58:59                    | 14:35 |
| 17 Hunters Bog T "A"        | Steven Cairns       | 12    | Ray Ward             | 16    | Craig Mattocks           | 17    | Huw Jones                | 17    |
|                             | 14:05               | 14:05 | 28:56                | 14:51 | 43:54                    | 14:58 | 59:04                    | 15:10 |
| 18 Falkirk Victoria H "A"   | Alexander Davidson  | 17    | Ben Stevenson (J)    | 18    | Euan Martin (J)          | 14    | Russell McAdam           | 18    |
|                             | 14:24               | 14:24 | 29:03                | 14:39 | 43:50                    | 14:47 | 59:18                    | 15:28 |
| 19 Edinburgh Uni "A"        | Tom Martyn          | 18    | Iain Whiteside       | 20    | Patryk Gierjatowicz      | 19    | Rory Leslie (J)          | 19    |
|                             | 14:26               | 14:26 | 29:16                | 14:50 | 44:08                    | 14:52 | 59:25                    | 15:17 |
| 20 Ron Hill Cambus "C" (V)  | Alan Ramage         | 42    | Kenny Macpherson     | 29    | Kerry Liam Wilson        | 20    | Michael O'Hagan          | 20    |
|                             | 15:15               | 15:15 | 30:00                | 14:45 | 44:14                    | 14:14 | 59:29                    | 15:15 |
| 21 Edinburgh AC "A"         | Malcolm Fraser      | 34    | Stuart Johnston      | 33    | Daniel Clarkson          | 26    | Colin McGill             | 21    |
|                             | 14:59               | 14:59 | 30:09                | 15:10 | 44:57                    | 14:48 | 59:32                    | 14:35 |
| 22 Fife AC "A"              | Zachary Delaney (J) | 26    | Andrew Murphy        | 23    | Jacob Howe               | 29    | Stephen Clark            | 22    |
|                             | 14:41               | 14:41 | 29:23                | 14:42 | 45:09                    | 15:46 | 59:59                    | 14:50 |
| 23 Bellahouston RR "A"      | Kieran Docherty     | 15    | Liam Conway          | 26    | Bruce Carse              | 30    | Mark Johnston            | 23    |
|                             | 14:21               | 14:21 | 29:42                | 15:21 | 45:16                    | 15:34 | 1:00:06                  | 14:50 |
| 24 Kilbarchan AAC "A"       | Gary Rankin (J)     | 32    | Conor McNulty        | 12    | Craig Haxton (J)         | 15    | Donald Petrie            | 24    |
|                             | 14:54               | 14:54 | 28:09                | 13:15 | 43:52                    | 15:43 | 1:00:08                  | 16:16 |
| 25 Inverclyde AC "B"        | Jude Boulton        | 39    | Sean Gaffney         | 34    | Thomas Jamieson          | 31    | Andrew Campbell (J)      | 25    |
|                             | 15:11               | 15:11 | 30:10                | 14:59 | 45:24                    | 15:14 | 1:00:11                  | 14:47 |
| 26 St Andrews Uni "A"       | David Bowers (J)    | 24    | Juraj Sabal          | 27    | Neil Graham              | 25    | Andrew Steele (J)        | 26    |
|                             | 14:39               | 14:39 | 29:46                | 15:07 | 44:57                    | 15:11 | 1:00:24                  | 15:27 |
| 27 Carnegie H "B" (V)       | Lewis Lawson        | 44    | Ian Stewart          | 37    | Roger Clark              | 33    | Thomas Lawrence          | 27    |
|                             | 15:19               | 15:19 | 30:26                | 15:07 | 45:56                    | 15:30 | 1:00:38                  | 14:42 |
| 28 Lasswade AAC "A"         | Martin Gore         | 56    | Niall Sheehan        | 22    | Paul Benham              | 24    | Ben Mitchell             | 28    |
|                             | 15:33               | 15:33 | 29:19                | 13:46 | 44:52                    | 15:33 | 1:00:51                  | 15:59 |
| 29 Westerlands CCC "A"      | John Denovan        | 41    | Chris Upson          | 41    | Owen O'Neill             | 35    | Niall McAlinden          | 29    |
|                             | 15:13               | 15:13 | 31:06                | 15:53 | 46:11                    | 15:05 | 1:01:06                  | 14:55 |
| 30 Garscube H "B"           | Benjamin Melby      | 10    | Joe McKnight         | 14    | Alexander Chalmers       | 27    | Gary Goldie              | 30    |
|                             | 13:54               | 13:54 | 28:45                | 14:51 | 45:05                    | 16:20 | 1:01:23                  | 16:18 |
| 31 Lothian RC "A"           | Ross Milne          | 23    | Max McNeill (J)      | 15    | Kenton Jones             | 28    | Steven Laurie            | 31    |
|                             | 14:33               | 14:33 | 28:47                | 14:14 | 45:07                    | 16:20 | 1:01:34                  | 16:27 |
| 32 Bellahouston H "A"       | Thomas McDonald (J) | 30    | Brian French         | 28    | Brian Douglas            | 34    | Tom Lauckner             | 32    |
|                             | 14:51               | 14:51 | 29:55                | 15:04 | 46:01                    | 16:06 | 1:01:39                  | 15:38 |
| 33 Metro Aberdeen "A"       | Neil Jaffrey        | 67    | Forbes Reid          | 49    | Eoghan O'Neill           | 41    | Malcolm Beattie          | 33    |
|                             | 15:59               | 15:59 | 31:27                | 15:28 | 46:41                    | 15:14 | 1:01:42                  | 15:01 |
| 34 Bellahouston RR "B" (V)  | Russell Whittington | 35    | Greig Glendinning    | 35    | Andrew Birnie            | 37    | Robbie Hayman            | 34    |
|                             | 15:00               | 15:00 | 30:13                | 15:13 | 46:19                    | 16:06 | 1:01:47                  | 15:28 |
| 35 Ochil Hill Runners "A"   | John Stevenson      | 40    | David Eiser          | 39    | Ross McLennan            | 32    | Alan Murray              | 35    |
|                             | 15:12               | 15:12 | 30:46                | 15:34 | 45:49                    | 15:03 | 1:02:06                  | 16:17 |
| 36 Fife AC "C" (V)          | Hugh D. McKay       | 60    | Roger Rees           | 60    | Graham Kirby             | 49    | Christopher Russell      | 36    |
|                             | 15:47               | 15:47 | 31:59                | 16:12 | 47:26                    | 15:27 | 1:02:09                  | 14:43 |

## National CC Relays 22nd October 2011 - Senior Male Results

|                                 |                     |       |                          |       |                    |       |                         |       |
|---------------------------------|---------------------|-------|--------------------------|-------|--------------------|-------|-------------------------|-------|
| 37 Corstorphine AAC "D" (V)     | Grant Wilkie        | 33    | Michael Anderson         | 40    | Ian Johnston       | 38    | Graeme Fletcher         | 37    |
|                                 | 14:57               | 14:57 | 30:49                    | 15:52 | 46:23              | 15:34 | 1:02:11                 | 15:48 |
| 38 Carnegie H "A"               | Graeme Campbell     | 29    | Andy Hume                | 32    | Andrew Smith (J)   | 22    | Calum McGaw (J)         | 38    |
|                                 | 14:46               | 14:46 | 30:06                    | 15:20 | 44:43              | 14:37 | 1:02:22                 | 17:39 |
| 39 Garscube H "A" (V)           | Alexander Chisholm  | 70    | Stephen Mulrine          | 47    | John Bell          | 40    | John McLaughlin         | 39    |
|                                 | 16:04               | 16:04 | 31:25                    | 15:21 | 46:30              | 15:05 | 1:02:37                 | 16:07 |
| 40 Ron Hill Cambus "D"          | Dean McNaught (J)   | 47    | Gordon Robertson         | 30    | Scott Hunter       | 36    | Stephen (jnr) Paris (J) | 40    |
|                                 | 15:22               | 15:22 | 30:02                    | 14:40 | 46:13              | 16:11 | 1:02:50                 | 16:37 |
| 41 Gala Harriers "A"            | Graeme Murdoch      | 19    | Euan Jardine             | 36    | David Moffat       | 57    | Fergus Johnston         | 41    |
|                                 | 14:27               | 14:27 | 30:17                    | 15:50 | 48:00              | 17:43 | 1:02:52                 | 14:52 |
| 42 Calderglen H "A" (V)         | Andrew McCaffery    | 65    | Edward Reid              | 69    | Martin Duthie      | 62    | Alan Derrick            | 42    |
|                                 | 15:57               | 15:57 | 32:43                    | 16:46 | 48:27              | 15:44 | 1:03:01                 | 14:34 |
| 43 Hunters Bog T "B"            | Doug Murray         | 62    | David Fulton             | 57    | William Townsend   | 48    | Michael Grant           | 43    |
|                                 | 15:48               | 15:48 | 31:52                    | 16:04 | 47:24              | 15:32 | 1:03:11                 | 15:47 |
| 44 Bellahouston RR "C"          | Craig Ross          | 36    | Brian ODonnell           | 43    | Marcos Sanz Gomez  | 42    | Craig Reid              | 44    |
|                                 | 15:04               | 15:04 | 31:19                    | 16:15 | 46:49              | 15:30 | 1:03:15                 | 16:26 |
| 45 Greenock Glenpark "B"        | Ross McDonald       | 52    | Stephen McLoone          | 48    | Robert Wilson      | 56    | Frank McKnight          | 45    |
|                                 | 15:28               | 15:28 | 31:26                    | 15:58 | 47:56              | 16:30 | 1:03:17                 | 15:21 |
| 46 Edinburgh Uni "B"            | Coll Williamson (J) | 64    | Daniel Ashworth (J)      | 45    | Scott Wallace      | 45    | Ewan Crawford (J)       | 46    |
|                                 | 15:57               | 15:57 | 31:24                    | 15:27 | 47:12              | 15:48 | 1:03:19                 | 16:07 |
| 47 East Kilbride AAC "A"        | Tom Yuill JNR       | 99    | Niall Walker             | 87    | Jamie Clements     | 68    | Grant Baillie           | 47    |
|                                 | 17:33               | 17:33 | 33:56                    | 16:23 | 49:20              | 15:24 | 1:03:23                 | 14:03 |
| 48 Edinburgh AC "C"             | Scott Logan         | 57    | Keith Dunlop             | 42    | Dermot Bailie      | 43    | Kevin Graham            | 48    |
|                                 | 15:36               | 15:36 | 31:11                    | 15:35 | 46:58              | 15:47 | 1:03:27                 | 16:29 |
| 49 Shettleston Harriers "C" (V) | Ian Johnston        | 31    | Denis Williams           | 38    | John Oates         | 44    | John J Duffy            | 49    |
|                                 | 14:51               | 14:51 | 30:42                    | 15:51 | 47:09              | 16:27 | 1:03:38                 | 16:29 |
| 50 V P Glasgow "B" (V)          | Jason Boyle         | 54    | Gerard Craig             | 55    | Crawford Little    | 54    | Derek Watson Snr.       | 50    |
|                                 | 15:30               | 15:30 | 31:40                    | 16:10 | 47:48              | 16:08 | 1:03:42                 | 15:54 |
| 51 Motherwell AC "A"            | Luke McIlvenna (J)  | 59    | Andrew Buchanan          | 58    | Benjamin Hands     | 59    | Christopher Macdonald   | 51    |
|                                 | 15:45               | 15:45 | 31:52                    | 16:07 | 48:14              | 16:22 | 1:03:47                 | 15:33 |
| 52 Central AC "D"               | David MacKinlay (J) | 88    | Andrew Hood (J)          | 59    | Will Hensman       | 50    | Alan Hume               | 52    |
|                                 | 16:57               | 16:57 | 31:57                    | 15:00 | 47:31              | 15:34 | 1:03:51                 | 16:20 |
| 53 Kirkintilloch Oly "A"        | Stuart Kerr         | 25    | Howard Elliott           | 50    | Gary Mitchell      | 63    | Scott Lawrie (J)        | 53    |
|                                 | 14:41               | 14:41 | 31:29                    | 16:48 | 48:31              | 17:02 | 1:04:07                 | 15:36 |
| 54 Metro Aberdeen "B"           | Robert Taylor       | 74    | Clifford Leith           | 66    | Ian Urquhart       | 60    | Iain Grigor             | 54    |
|                                 | 16:11               | 16:11 | 32:35                    | 16:24 | 48:20              | 15:45 | 1:04:16                 | 15:56 |
| 55 Springburn Harriers "A" (V)  | Damian McAuley      | 46    | Jim Cooper               | 51    | Andrew Callan      | 51    | Ross McEachern          | 55    |
|                                 | 15:20               | 15:20 | 31:30                    | 16:10 | 47:34              | 16:04 | 1:04:18                 | 16:44 |
| 56 Gala Harriers "B" (V)        | Mark Bryson         | 51    | Steven Martin            | 53    | David Nightingale  | 64    | Sinclair Hill           | 56    |
|                                 | 15:25               | 15:25 | 31:33                    | 16:08 | 48:35              | 17:02 | 1:04:25                 | 15:50 |
| 57 Law & District "A"           | Craig Wellcoat (J)  | 13    | Daniel Stuart Graham (J) | 31    | Jim Girdwood       | 39    | Jonathan Velu (J)       | 57    |
|                                 | 14:10               | 14:10 | 30:03                    | 15:53 | 46:29              | 16:26 | 1:04:58                 | 18:29 |
| 58 V P Glasgow "C"              | Alex Potter         | 76    | Tom Ord                  | 80    | Alan Ramsay        | 52    | Ralph Connolly          | 58    |
|                                 | 16:14               | 16:14 | 33:19                    | 17:05 | 47:39              | 14:20 | 1:04:59                 | 17:20 |
| 59 Falkirk Victoria H "B" (V)   | Michael McQuaid     | 50    | Anthony Devlin           | 56    | David Hart         | 46    | John Martin             | 59    |
|                                 | 15:25               | 15:25 | 31:47                    | 16:22 | 47:18              | 15:31 | 1:05:03                 | 17:45 |
| 60 Irvine AC "A" (V)            | James Sneddon       | 94    | Alex Allardyce           | 65    | Colin Miller       | 58    | Ian Berryman            | 60    |
|                                 | 17:18               | 17:18 | 32:31                    | 15:13 | 48:01              | 15:30 | 1:05:13                 | 17:12 |
| 61 Dundee Hawkhill "A" (V)      | Matthew Strachan    | 66    | Roger van Gompel         | 52    | Stephen Mason      | 55    | Nigel Reynolds          | 61    |
|                                 | 15:57               | 15:57 | 31:31                    | 15:34 | 47:54              | 16:23 | 1:05:29                 | 17:35 |
| 62 Bellahouston RR "D"          | Grant MacDonald     | 68    | Thomas O'Connell         | 64    | Stuart Mathieson   | 69    | Brendan Moriarty        | 62    |
|                                 | 16:01               | 16:01 | 32:29                    | 16:28 | 49:26              | 16:57 | 1:05:56                 | 16:30 |
| 63 Bellahouston H "B"           | Mark Paterson       | 89    | Paul McNally             | 68    | Michael Freshour   | 66    | Ruairidh Macdonald      | 63    |
|                                 | 17:01               | 17:01 | 32:41                    | 15:40 | 49:08              | 16:27 | 1:06:02                 | 16:54 |
| 64 Clydesdale Harriers "A"      | Michael Diver       | 72    | Iain Robertson           | 70    | Paul Carroll       | 67    | Kevin Farmer            | 64    |
|                                 | 16:08               | 16:08 | 32:55                    | 16:47 | 49:10              | 16:15 | 1:06:04                 | 16:54 |
| 65 Westerlands CCC "B"          | Daniel Reid         | 83    | David Riach              | 82    | Alasdair Duke      | 73    | Peter Grassl            | 65    |
|                                 | 16:49               | 16:49 | 33:28                    | 16:39 | 49:56              | 16:28 | 1:06:30                 | 16:34 |
| 66 Helensburgh AAC "A"          | Iain Walker         | 63    | Paul Thompson            | 44    | Damien Theaker     | 53    | Phil Dye                | 66    |
|                                 | 15:56               | 15:56 | 31:21                    | 15:25 | 47:45              | 16:24 | 1:06:32                 | 18:47 |
| 67 Aberdeen AAC "B"             | David Smith (J)     | 37    | Alasdair Love            | 77    | Fraser McGillivray | 82    | Frank Boyne             | 67    |
|                                 | 15:04               | 15:04 | 33:08                    | 18:04 | 51:41              | 18:33 | 1:06:38                 | 14:57 |
| 68 Pitreavie AAC "A"            | Jeff Farquhar       | 53    | Neil MacIachlan          | 61    | Kevin Davie        | 70    | Owain Williams          | 68    |
|                                 | 15:28               | 15:28 | 32:03                    | 16:35 | 49:28              | 17:25 | 1:06:47                 | 17:19 |
| 69 Kilmarnock H "C" (V)         | Scott Martin        | 45    | David McLeod             | 54    | Leslie McDermont   | 61    | John McClarty           | 69    |
|                                 | 15:20               | 15:20 | 31:38                    | 16:18 | 48:25              | 16:47 | 1:06:51                 | 18:26 |
| 70 Central AC "F" (V)           | Steve Laing         | 73    | Hugh Buchanan            | 71    | Philip Hendry      | 75    | Hugh Kerr               | 70    |
|                                 | 16:08               | 16:08 | 33:01                    | 16:53 | 50:04              | 17:03 | 1:07:07                 | 17:03 |
| 71 Greenock Glenpark "C"        | Alan O'Rourke       | 77    | Graham Mcgrattan         | 78    | Robert Adams       | 72    | Steven Watson           | 71    |
|                                 | 16:16               | 16:16 | 33:13                    | 16:57 | 49:53              | 16:40 | 1:07:19                 | 17:26 |
| 72 Garscube H "C"               | Campbell Roxburgh   | 79    | Athole Smith             | 84    | Marco Consani      | 76    | Stephen Kilpatrick      | 72    |
|                                 | 16:26               | 16:26 | 33:40                    | 17:14 | 50:17              | 16:37 | 1:07:31                 | 17:14 |
| 73 Kirkintilloch Oly "B"        | Tommy McRavey       | 78    | Robert Rogerson          | 79    | Stephen Allan      | 71    | Derek Martin            | 73    |
|                                 | 16:26               | 16:26 | 33:18                    | 16:52 | 49:41              | 16:23 | 1:07:39                 | 17:58 |

# National CC Relays 22nd October 2011 - Senior Male Results

|                            |                         |       |                       |       |                         |       |                   |       |
|----------------------------|-------------------------|-------|-----------------------|-------|-------------------------|-------|-------------------|-------|
| 74 Inverclyde AC "D" (V)   | Iain Walker             | 43    | Kenneth Morrison      | 83    | John Smillie            | 81    | Gary McKendrick   | 74    |
|                            | 15:17                   | 15:17 | 33:39                 | 18:22 | 51:28                   | 17:49 | 1:07:47           | 16:19 |
| 75 Portobello RC "A" (V)   | William Jarvie          | 61    | Andrew Stavert        | 101   | Robert Kinnaid          | 90    | Peter Buchanan    | 75    |
|                            | 15:48                   | 15:48 | 35:54                 | 20:06 | 53:25                   | 17:31 | 1:08:59           | 15:34 |
| 76 Carnegie H "C" (V)      | Ian Robert Johnston     | 85    | Steven King           | 76    | Robert Milton           | 74    | Malcolm Smith     | 76    |
|                            | 16:51                   | 16:51 | 33:08                 | 16:17 | 49:58                   | 16:50 | 1:09:08           | 19:10 |
| 77 Fife AC "D" (V)         | Tony Martin             | 75    | John Mill             | 72    | Gary Barker             | 78    | D.Melville Scobie | 77    |
|                            | 16:12                   | 16:12 | 33:03                 | 16:51 | 51:07                   | 18:04 | 1:09:21           | 18:14 |
| 78 Fife AC "B"             | Frank Popham            | 90    | Eric Lalande          | 89    | Mark S Buchan (J)       | 83    | David Sleigh      | 78    |
|                            | 17:08                   | 17:08 | 34:13                 | 17:05 | 51:59                   | 17:46 | 1:09:34           | 17:35 |
| 79 Kilmarnock H "B"        | Ross Connelly (J)       | 80    | Connell Drummond      | 73    | Murray McDonald (J)     | 79    | Harald Bartl      | 79    |
|                            | 16:35                   | 16:35 | 33:05                 | 16:30 | 51:13                   | 18:08 | 1:10:07           | 18:54 |
| 80 Giffnock North "C" (V)  | Rodger McEleney         | 110   | Derek Breen           | 102   | George Taylor           | 85    | James Galbraith   | 80    |
|                            | 18:21                   | 18:21 | 36:04                 | 17:43 | 52:17                   | 16:13 | 1:10:15           | 17:58 |
| 81 Garscube H "D"          | Robbie Drummond         | 103   | Scott McPherson       | 92    | John Murray             | 84    | Robert McLennan   | 81    |
|                            | 17:46                   | 17:46 | 34:44                 | 16:58 | 52:15                   | 17:31 | 1:10:27           | 18:12 |
| 82 Springburn Harriers "B" | Josephn Junior Chambers | 111   | Martin Coleman        | 90    | Kevin Owens             | 80    | Duncan Reid       | 82    |
|                            | 18:30                   | 18:30 | 34:35                 | 16:05 | 51:23                   | 16:48 | 1:11:33           | 20:10 |
| 83 Calderglen H "B" (V)    | David Herbertson        | 104   | George Stewart        | 99    | Jim Holmes              | 94    | Andrew Henderson  | 83    |
|                            | 17:51                   | 17:51 | 35:46                 | 17:55 | 53:53                   | 18:07 | 1:11:42           | 17:49 |
| 84 Giffnock North "D"      | David Logan             | 116   | Douglas Rathey        | 97    | Christopher Russell (J) | 88    | Stephen Watters   | 84    |
|                            | 19:10                   | 19:10 | 35:39                 | 16:29 | 53:07                   | 17:28 | 1:11:52           | 18:45 |
| 85 Motherwell AC "B"       | Brian McLinden          | 96    | Craig Mackenzie (J)   | 91    | Robert McCourt          | 89    | Craig Whiteside   | 85    |
|                            | 17:21                   | 17:21 | 34:43                 | 17:22 | 53:15                   | 18:32 | 1:11:57           | 18:42 |
| 86 Bellahouston H "C"      | Graeme Gemmell          | 87    | Craig Lamont          | 86    | Stewart Mulholland      | 91    | James McMillan    | 86    |
|                            | 16:55                   | 16:55 | 33:55                 | 17:00 | 53:36                   | 19:41 | 1:12:05           | 18:29 |
| 87 Greenock Glenpark "D"   | Stephen McDade          | 108   | Kenneth Pryde         | 106   | Ross Neilson            | 101   | Kevan McCartney   | 87    |
|                            | 18:14                   | 18:14 | 36:29                 | 18:15 | 55:07                   | 18:38 | 1:12:54           | 17:47 |
| 88 Fife AC "F"             | Steven Pennycook        | 107   | Andrew Milne          | 105   | Calum Harvie            | 96    | Frank McLaren     | 88    |
|                            | 18:13                   | 18:13 | 36:25                 | 18:12 | 54:17                   | 17:52 | 1:13:03           | 18:46 |
| 89 Calderglen H "C"        | Stephen Reilly          | 71    | David Wardrope        | 96    | Graham Lindsay          | 97    | Colin Banks       | 89    |
|                            | 16:08                   | 16:08 | 35:32                 | 19:24 | 54:21                   | 18:49 | 1:14:27           | 20:06 |
| 90 Bellahouston RR "E"     | Alex Lawther            | 112   | John Newlands         | 104   | Andrew Hardman          | 99    | Christopher Doak  | 90    |
|                            | 18:35                   | 18:35 | 36:11                 | 17:36 | 54:40                   | 18:29 | 1:14:34           | 19:54 |
| 91 Kilmarnock H "D" (V)    | Kenneth Wales           | 117   | William Duffy         | 114   | David Mitchell          | 104   | Brian Darroch     | 91    |
|                            | 19:12                   | 19:12 | 38:05                 | 18:53 | 56:47                   | 18:42 | 1:15:20           | 18:33 |
| 92 Carnegie H "E" (V)      | Iain Thomson            | 118   | Mark Johnstone        | 115   | Stephen Greer           | 105   | Colin Reid        | 92    |
|                            | 19:14                   | 19:14 | 38:17                 | 19:03 | 57:06                   | 18:49 | 1:16:10           | 19:04 |
| 93 Falkirk Victoria H "C"  | Mark Dunnachie          | 115   | David Bunyan          | 116   | John Denholm            | 110   | Alexander Watson  | 93    |
|                            | 18:49                   | 18:49 | 38:49                 | 20:00 | 58:50                   | 20:01 | 1:16:38           | 17:48 |
| 94 Carnegie H "D"          | Robert Fullick          | 82    | John Fulham           | 85    | Ronnie Hunter-Blair     | 95    | Paul Campbell     | 94    |
|                            | 16:42                   | 16:42 | 33:41                 | 16:59 | 53:56                   | 20:15 | 1:17:51           | 23:55 |
| 95 Clydesdale Harriers "B" | Colin Gray              | 126   | Ryan Nelson (J)       | 118   | Mark Barrow             | 106   | Robert Young      | 95    |
|                            | 21:14                   | 21:14 | 39:01                 | 17:47 | 57:57                   | 18:56 | 1:18:12           | 20:15 |
| 96 Fife AC "E"             | Brian R Smith           | 119   | David Cowan           | 111   | Derek Adamson           | 108   | David Shepherd    | 96    |
|                            | 19:14                   | 19:14 | 37:09                 | 17:55 | 58:39                   | 21:30 | 1:18:39           | 20:00 |
| 97 Central AC "G" (V)      | George McHardy          | 125   | John Millar           | 122   | Alan Gall               | 112   | Cameron Campbell  | 97    |
|                            | 20:55                   | 20:55 | 41:31                 | 20:36 | 1:00:26                 | 18:55 | 1:19:58           | 19:32 |
| 98 Garscube H "E" (V)      | Kieran McLaughlin       | 122   | Christopher Kilshaw   | 120   | James Taylor            | 115   | Stephen Cullen    | 98    |
|                            | 20:19                   | 20:19 | 39:11                 | 18:52 | 1:06:45                 | 27:34 | 1:24:04           | 17:19 |
| 99 Lothian RC "B" (V)      | Scott Nelson            | 92    | Kenny Mearns          | 108   | Colin Banham            | 109   | David Wardman     | 99    |
|                            | 17:16                   | 17:16 | 36:48                 | 19:32 | 58:40                   | 21:52 | 1:27:13           | 28:33 |
| Corstorphine AAC "C"       | Moray Anderson          | 21    | Scott Pilkington      | 25    | Callum Smith (J)        | 23    |                   |       |
|                            | 14:29                   | 14:29 | 29:33                 | 15:04 | 44:44                   | 15:11 |                   |       |
| St Andrews Uni "B"         | Patrick O'Hare          | 38    | Roger Bryant (J)      | 46    | Mark Diamond (J)        | 47    |                   |       |
|                            | 15:10                   | 15:10 | 31:24                 | 16:14 | 47:22                   | 15:58 |                   |       |
| Lasswade AAC "B"           | Paul Elliot             | 69    | Ross Finlayson        | 67    | Kirk Smith              | 65    |                   |       |
|                            | 16:01                   | 16:01 | 32:38                 | 16:37 | 48:52                   | 16:14 |                   |       |
| Inverclyde AC "C"          | James Mcfadden          | 55    | Graeme Hyett          | 62    | Damien Mallet           | 77    |                   |       |
|                            | 15:33                   | 15:33 | 32:17                 | 16:44 | 50:49                   | 18:32 |                   |       |
| Teviotdale Harriers "A"    | Alister Biggar          | 58    | Alan Inglis           | 63    | Bill Knox               | 86    |                   |       |
|                            | 15:40                   | 15:40 | 32:24                 | 16:44 | 52:40                   | 20:16 |                   |       |
| Corstorphine AAC "F"       | Nigel Lamb              | 86    | Nicholas Brown        | 95    | Ian McPherson           | 87    |                   |       |
|                            | 16:51                   | 16:51 | 35:22                 | 18:31 | 52:55                   | 17:33 |                   |       |
| Hunters Bog T "C"          | George Ashley           | 84    | Jon Rathjen           | 81    | Ian Campbell            | 92    |                   |       |
|                            | 16:49                   | 16:49 | 33:24                 | 16:35 | 53:38                   | 20:14 |                   |       |
| Corstorphine AAC "E" (V)   | Derek Ireland           | 105   | Jan-Bert Van Den Berg | 100   | Iain Cumming            | 93    |                   |       |
|                            | 17:55                   | 17:55 | 35:49                 | 17:54 | 53:50                   | 18:01 |                   |       |
| Edinburgh AC "D" (V)       | Brian Howie             | 106   | Garry Robertson       | 88    | Alex MacEwen            | 98    |                   |       |
|                            | 18:11                   | 18:11 | 34:02                 | 15:51 | 54:28                   | 20:26 |                   |       |
| Gala Harriers "C"          | Derrick Brydon          | 97    | William McCulloch     | 94    | Alistair Laurie         | 100   |                   |       |
|                            | 17:24                   | 17:24 | 35:00                 | 17:36 | 54:49                   | 19:49 |                   |       |
| Central AC "E"             | David Lindsay (J)       | 81    | Sandy MacLarty (J)    | 103   | Colin Sinclair          | 102   |                   |       |
|                            | 16:36                   | 16:36 | 36:09                 | 19:33 | 55:35                   | 19:26 |                   |       |
| Kirkintilloch Oly "C"      | Neil Ramsay             | 100   | Christopher Craig     | 110   | Thomas McChord          | 103   |                   |       |
|                            | 17:39                   | 17:39 | 37:06                 | 19:27 | 55:55                   | 18:49 |                   |       |

# National CC Relays 22nd October 2011 - Senior Male Results

|                          |                  |       |                   |       |                 |       |
|--------------------------|------------------|-------|-------------------|-------|-----------------|-------|
| Motherwell AC "C"        | William Martin   | 113   | Matthew Purser    | 109   | Peter Blackmore | 107   |
|                          | 18:40            | 18:40 | 36:56             | 18:16 | 57:14           | 20:18 |
| Ferranti AAC "A"         | Malcolm Parry    | 91    | Grant Sellar      | 107   | Edward McDonald | 111   |
|                          | 17:10            | 17:10 | 36:45             | 19:35 | 59:47           | 23:02 |
| Calderglen H "D"         | Hugh Simpson     | 124   | Richard Lawton    | 121   | Russell Couper  | 113   |
|                          | 20:42            | 20:42 | 39:56             | 19:14 | 1:02:11         | 22:15 |
| Garscube H "F"           | Raghibir Singh   | 127   | Euan Geddes       | 124   | David W Dickson | 114   |
|                          | 23:37            | 23:37 | 44:08             | 20:31 | 1:06:28         | 22:20 |
| Edinburgh AC "E"         | Peter Loudon (J) | 49    | David Steele      | 74    |                 |       |
|                          | 15:22            | 15:22 | 33:06             | 17:44 |                 |       |
| Irvine AC "B"            | Andrew Rennie    | 102   | Patrick Cullinane | 75    |                 |       |
|                          | 17:41            | 17:41 | 33:08             | 15:27 |                 |       |
| Kilbarchan AAC "B"       | Donald Kennedy   | 93    | Alan Craig        | 93    |                 |       |
|                          | 17:17            | 17:17 | 34:47             | 17:30 |                 |       |
| Westerlands CCC "C"      | Ciaran McDonald  | 95    | John Quinn        | 98    |                 |       |
|                          | 17:20            | 17:20 | 35:43             | 18:23 |                 |       |
| Helensburgh AAC "B"      | Brian Grant      | 101   | Alistair Wylie    | 112   |                 |       |
|                          | 17:40            | 17:40 | 37:35             | 19:55 |                 |       |
| Shettleston Harriers "D" | Gary Turner (J)  | 48    | Robert Porteous   | 113   |                 |       |
|                          | 15:22            | 15:22 | 37:41             | 22:19 |                 |       |
| Clydesdale Harriers "C"  | Pete Cartwright  | 109   | Watson Jones      | 117   |                 |       |
|                          | 18:17            | 18:17 | 38:59             | 20:42 |                 |       |
| Ron Hill Cambus "E"      | Thomas McPake    | 114   | Zac Hunter (J)    | 119   |                 |       |
|                          | 18:42            | 18:42 | 39:05             | 20:23 |                 |       |
| Giffnock North "E"       | James O'Hagan    | 120   | George Gilchrist  | 123   |                 |       |
|                          | 19:49            | 19:49 | 42:42             | 22:53 |                 |       |
| Greenock Glenpark "E"    | Robin McAuslan   | 121   | Thomas Knight     | 125   |                 |       |
|                          | 20:10            | 20:10 | 44:38             | 24:28 |                 |       |
| V P Glasgow "D"          | Peter Ramsay     | 98    |                   |       |                 |       |
|                          | 17:25            | 17:25 |                   |       |                 |       |
| Bellahouston H "D"       | Thomas Keenan    | 123   |                   |       |                 |       |
|                          | 20:26            | 20:26 |                   |       |                 |       |
| Bellahouston H "D"       | Thomas Keenan    | 123   |                   |       |                 |       |
|                          | 20:26            | 20:26 |                   |       |                 |       |

## Fastest Laps

|    |                                                     |       |
|----|-----------------------------------------------------|-------|
| 1  | Craig Ruddy - Inverclyde AC "A"                     | 12:55 |
| 2  | David Vernon (J) - V P Glasgow "A"                  | 13:03 |
| 3  | Michael Gillespie - Shettleston Harriers "A"        | 13:03 |
| 4  | Alexander Hendry (J) - Central AC "A"               | 13:03 |
| 5  | Tewoldeberhan Mengisteab - Shettleston Harriers "A" | 13:10 |
| 6  | Mark Haskett - Aberdeen AAC "A"                     | 13:13 |
| 7  | Conor McNulty - Kilbarchan AAC "A"                  | 13:15 |
| 8  | John Newsom - Central AC "A"                        | 13:19 |
| 9  | Mark Pollard - Inverclyde AC "A"                    | 13:21 |
| 10 | Dermot Cummins - Corstorphine AAC "A"               | 13:24 |
| 11 | Lachlan Oates (J) - Shettleston Harriers "B"        | 13:24 |
| 12 | Ross Houston - Central AC "A"                       | 13:25 |
| 13 | Christopher MacKay - Inverclyde AC "A"              | 13:26 |
| 14 | Andrew Douglas - Inverclyde AC "A"                  | 13:26 |
| 15 | Paul Sorrie - Shettleston Harriers "A"              | 13:27 |
| 16 | Stuart Gibson - Ron Hill Cambus "A"                 | 13:28 |
| 17 | Stewart Orr (J) - Ron Hill Cambus "A"               | 13:28 |
| 18 | Sean Fontana (J) - V P Glasgow "A"                  | 13:30 |
| 19 | Jack Hamilton (J) - Ron Hill Cambus "A"             | 13:37 |
| 20 | Andrew Butchart (J) - Central AC "A"                | 13:39 |
| 21 | Luke Traynor (J) - Giffnock North "A"               | 13:41 |
| 22 | Thomas Fay - Shettleston Harriers "A"               | 13:46 |
| 23 | Niall Sheehan - Lasswade AAC "A"                    | 13:46 |
| 24 | Ethan Sloan-Dennison (J) - V P Glasgow "A"          | 13:48 |
| 25 | Michael Wright - Central AC "B"                     | 13:49 |
| 26 | Scott Green (J) - Central AC "B"                    | 13:50 |
| 27 | Iain MacCorquodale - Ron Hill Cambus "B"            | 13:53 |
| 28 | Benjamin Melby - Garscube H "B"                     | 13:54 |
| 29 | Robert Gilroy - Ron Hill Cambus "A"                 | 13:55 |
| 30 | Lewis Millar - Central AC "B"                       | 13:55 |